

# The Pagan Book of Words

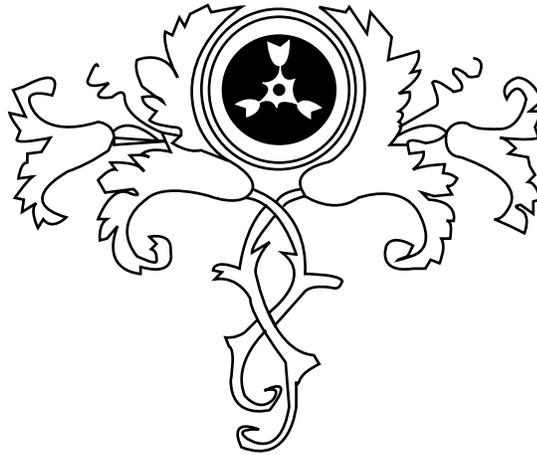
## Prayers, Chants, and Rhymes

Written and illustrated  
by Eliza Fegley

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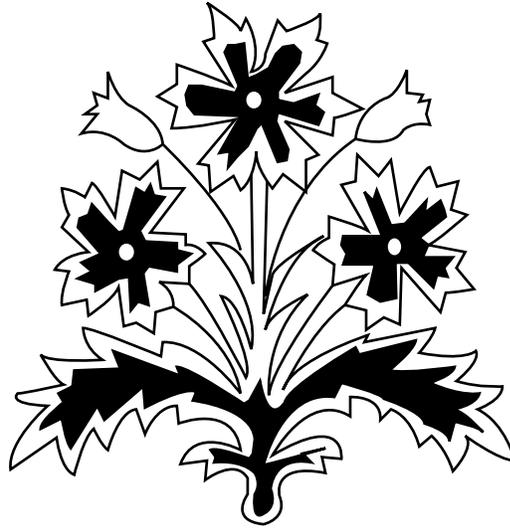
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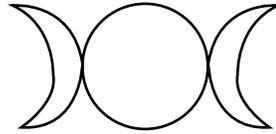


## Prayer to the Graces

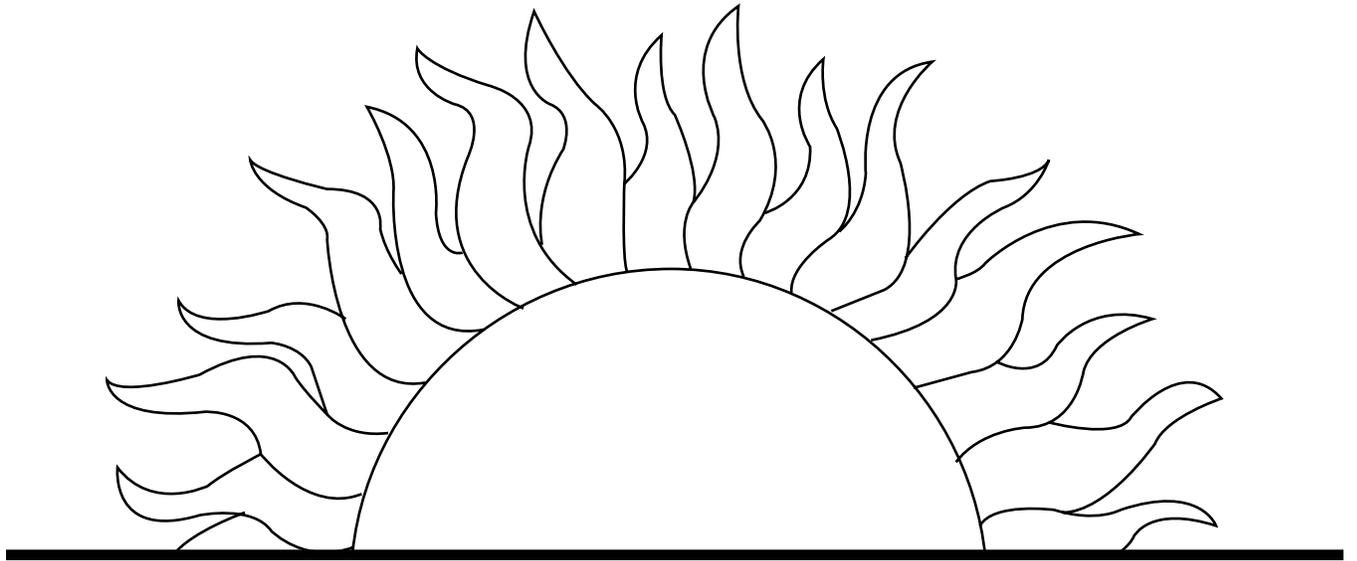
Aglaia the Radiant One,  
Shine your light upon me.  
Thalia the Flowering,  
Teach me how to bloom.  
Euphrosyne the Joyous,  
Lead my way to laughter.



Quan Yin  
Grant me peace,  
Inward silence,  
And tranquility.  
May I approach this day  
With calmness  
And with openness.

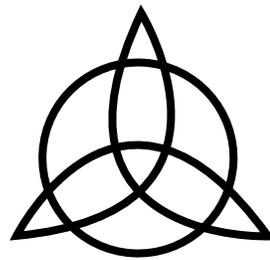


Hail Luna!  
Luminous One!  
Our eyes are upon you.  
Light our paths  
And light our visions.  
Lead us through the dark.



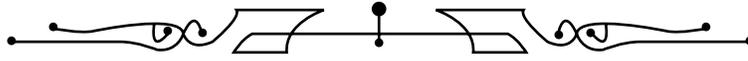
## Morning Prayer to Aphrodite

Hail Mother!  
The Sun has risen.  
Another day has begun.  
I wash my face in these new born rays  
And take my first step in the ways of love.



## Trinity

By the Divinity of Three,  
So mote it be!



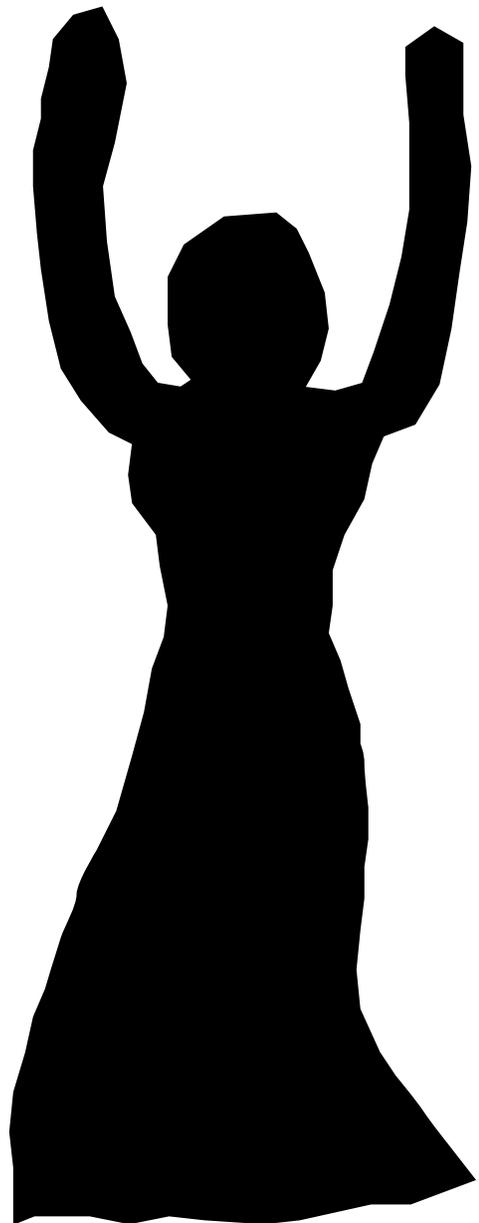
## Land Prayer

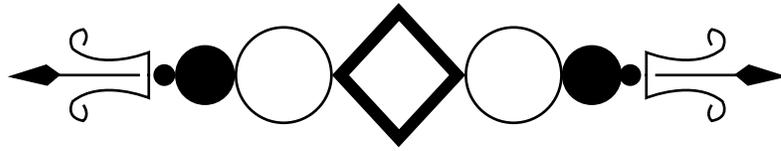
Grain Goddess,  
upon your body I live.  
You give to us the gift of life  
and the gift of nourishment.  
To you, I offer my love,  
my courage and my strength.  
So mote it be.



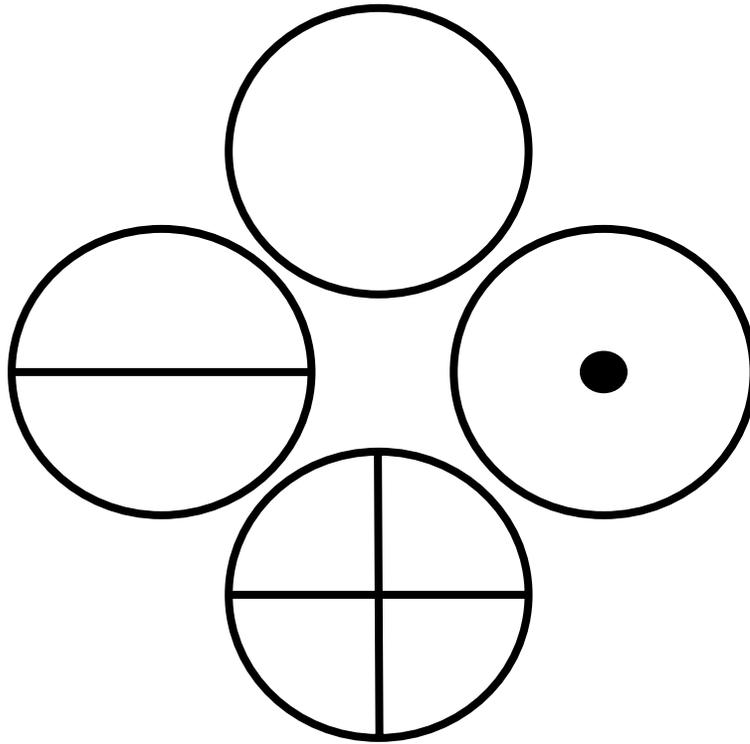
## Hail Mother!

Hail Mother,  
Full of grace,  
Your people live upon you.  
Blessed are all men and women  
And blessed is your womb  
From which all life springs.  
Hail Mother!  
Goddess of All,  
Cradle us within your loving arms  
From birth to death and to rebirth.



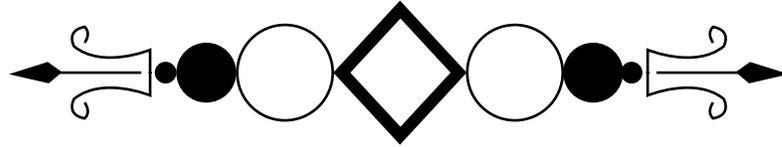


Faeries of the earthen mounds.  
Guardians of secrets dear.  
By your love commit me here.  
To teach the knowledge of the Ancient Ones.  
Be ever at my side to light my way.  
To guide and teach me both night and day.



## Elements

Spirit of Nature, embrace me.  
Body of Mother, nourish me.  
Water of Oceans, cleanse me.  
Fire of Mind, strengthen me.  
Air from North, guide me.



## Hecate Calling

In those silences of the night, you hear my call.  
You feel the tingle and elation throughout your being.

Listen, child. Heed the call.

Feel the power surge through you.

Your wisdom united with your inner voice.

Heed the call.

Say my name:

Hecate, Hecate, Hecate.

Feel the surge within you.

Inhale it. It is all around you.

It is within you.

Heed the call. Take the action.

Feel the flow. Become oneness.

Eyes wide open. Calmness within.

You see all. You feel all.

Say my name:

Hecate, Hecate, Hecate.

I will guide you.

A crones hand out of darkness.

Wisdom older than the ages.

I am here for you, my child.

Say my name.

We will take the journey together.

Hecate, Hecate, Hecate.

## Life Affirmation

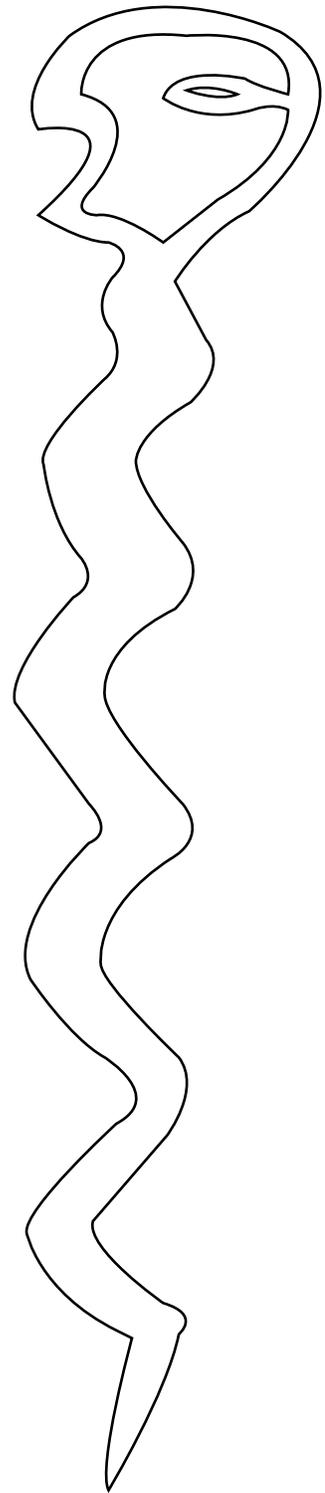
I am the Goddess  
being born.

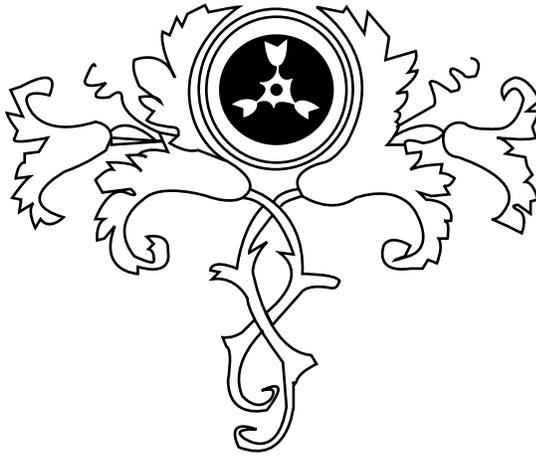
I am the Goddess  
full of life.

I am the Goddess  
shedding skin.

I am the Goddess,  
three times three.

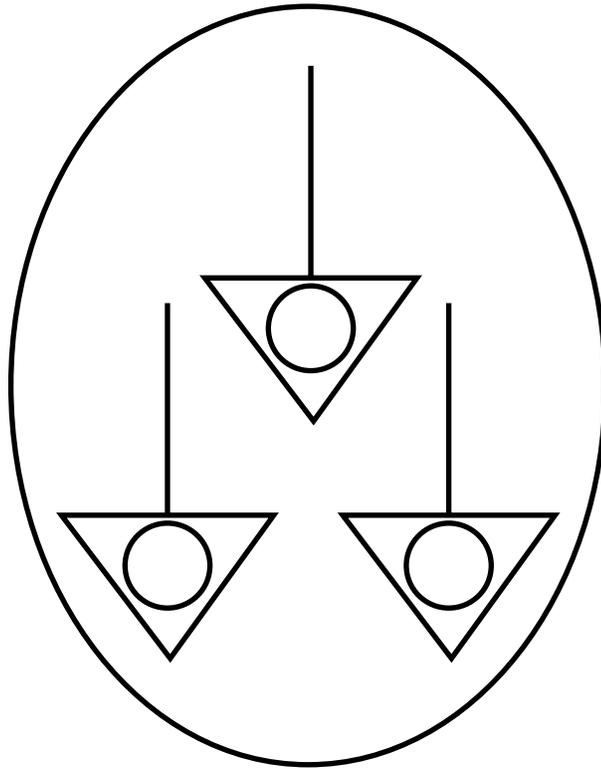
I will. I am. I was.  
And I will be again.



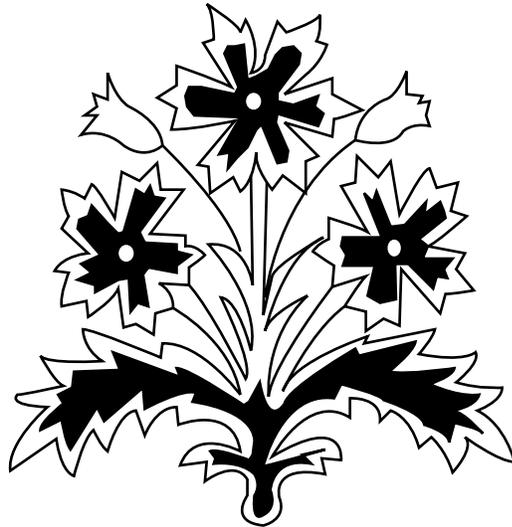


## Mother Hecate Come

Mother Hecate come to me.  
Mother Hecate come.  
Spider's web  
And blackened tree.  
At the crossroads we shall meet.  
Mother Hecate come to me.  
Mother Hecate come.



My breasts are the mountains.  
My blood is the rivers.  
My womb is the oceans.  
I am the One.  
I am the Three.  
I am She.



## Children's Prayer

King of the woods,

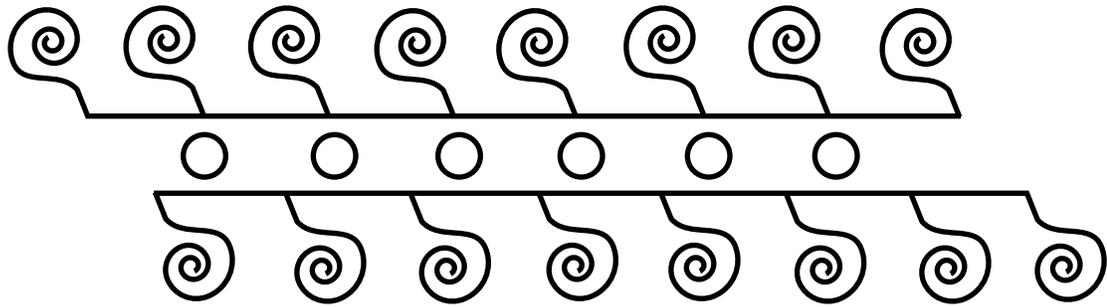
Protect us.

Mother of all,

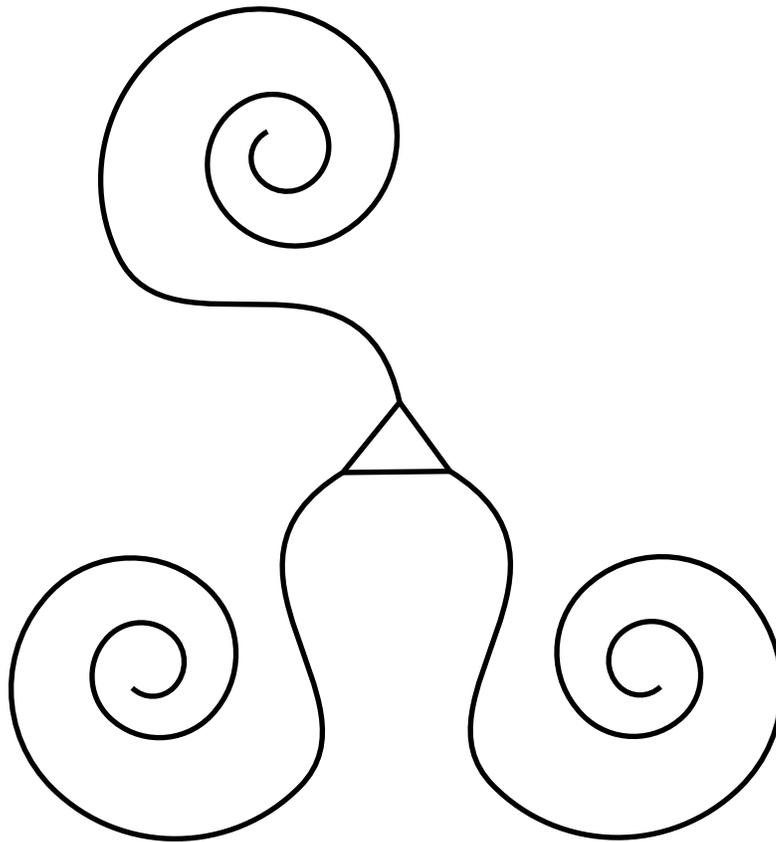
Guide us.

Bless us in our daily lives

And bring love to all of Earth's tribes.

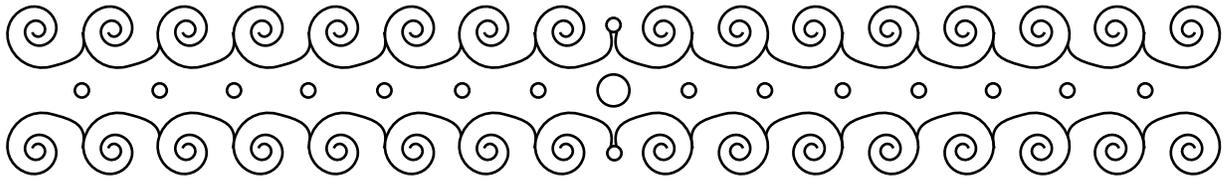


Medusa in Darkness.  
I go within Your Darkness.  
I am surrounded by Your Darkness.  
I am filled with Your Darkness.  
I smell the rich dark earth.  
I feel the damp air.  
I taste the dust of antiquities.  
I hear Your whispered secrets.  
And I see what I've come to see.



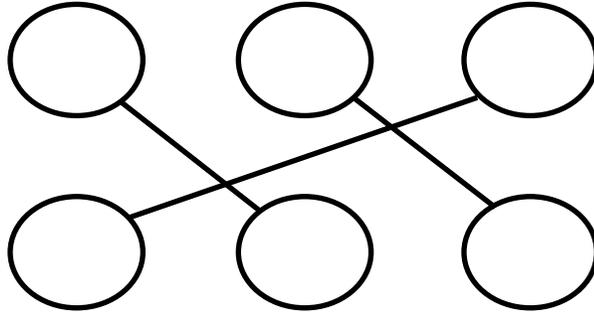
## Power Chant

I am powerful  
And I am just.  
I am strong  
And I am supple.  
I am Woman/Man.  
I am Goddess/God.  
I am All.  
I am One.



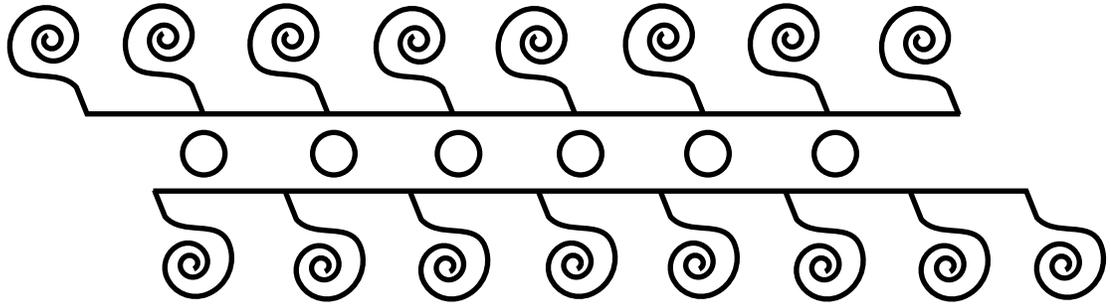
## Breath

I breathe.  
In with light.  
I breathe.  
Out with dark.  
I breathe  
In towards the self.  
I breathe  
Out all blocks.  
I breathe.



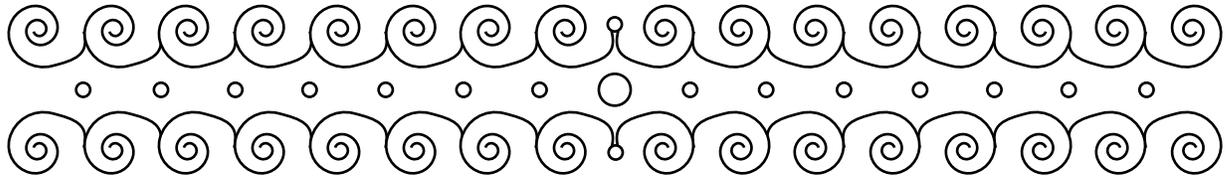
## Creative Flow

Bursts of orange  
Inside my head.  
Swirling matter  
Taking form.  
Molding energy  
Into shapes.  
Thoughts keep coming.  
Sights ensue.  
Wheels keep turning.  
All blocks removed.



## Warm Embrace

Mother's arms around me,  
Warm embrace.  
I feel a wholeness inside me,  
Warm embrace.  
Surrounded by quiet,  
Warm Embrace.  
Soft winds uplifting me,  
Warm embrace.  
The serenity is filling me,  
Warm embrace.  
I hear Her voice calling me,  
Warm embrace.  
Mother's arms around me,  
Warm embrace.



## Ebb and Flow Chant

Ebb and flow.

Ebb and flow.

In and Out.

Ebb and flow.

Ebb and flow.

In and Out.

All Around.

Ebb and flow.

Ebb and flow.

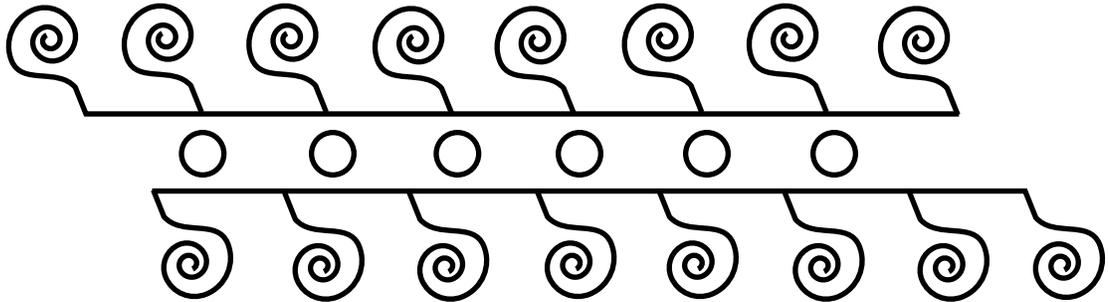
Inwards.

Outwards.

(cont. from beginning)

# Flow Chant

Wind.  
Air.  
Breath.  
Life.  
Flowing.  
(repeat, drawing out the 'o' in flowing)



# Spiral Chant

Spiral inward;  
Go with in.  
Spiral outward;  
Go with out.  
Go with in. Go with out.  
Dance of Life.  
Spiral. Spiral.  
Inward. Outward.  
Go with in.  
Go with out...  
(continue at beginning)

# Make Me Whole

Mother of Earth,  
Make me whole.

Spirit of Air,  
Make me whole.

Power of Fire,  
Make me whole.

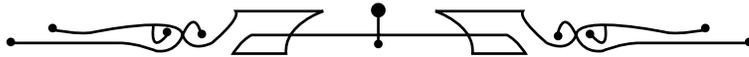
Flow of Water,  
Make me whole.

Mother. Spirit. Power. Flow.

Make me whole.

Make me whole.

Make me whole.



# Womb Chant

I am the womb  
From which Life springs forth.

I am the womb  
From which Love springs forth.

I am the womb.

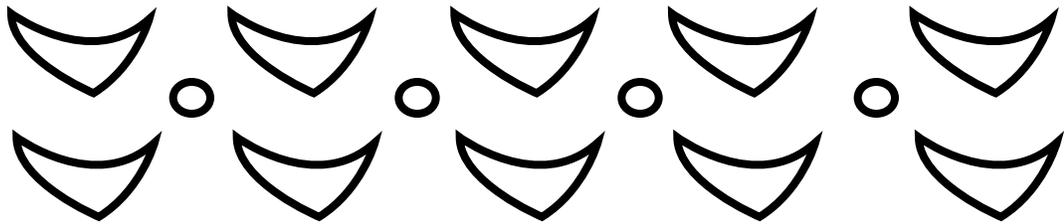
I am the womb.

I am the womb.

From which All springs forth.

# Riddance Chant

What was brought to light,  
Now be gone!  
End this plight.  
Over and done.

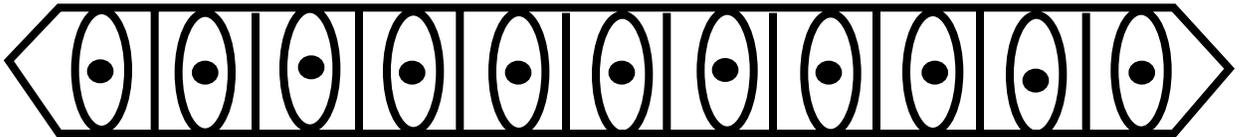


# Group Chant

Brothers and sisters,  
Circle round.  
In spirit and happiness,  
We are bound.

# Shapeshifting Chant

Body of Cat.  
Spirit of Bast.  
Lean body in River of Night.  
Caterwaul against the Wind.  
Sinewy stretch against Time.  
Meowing yawn in Field of Catnip.  
Shape and form me.  
Shape and form.  
Body of Cat.  
Spirit of Bast.

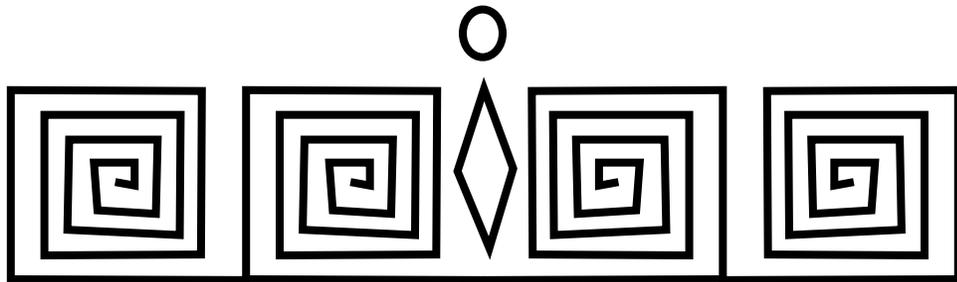


# Tarot Chant

Cards of Fortune.  
Visions past and  
Sights of future.  
Guide my thoughts  
Upon this night  
And show the pathway  
Clear and bright.

# Free-ing Chant

Knots that bind,  
Untie!  
Ropes that tug,  
Undo!  
Free me from the tethers.  
Free me from the chains.  
Pangs of guilt,  
Flee!  
Teaching of sin,  
Forget!  
I stand tall.  
I feel strong.  
I am free!

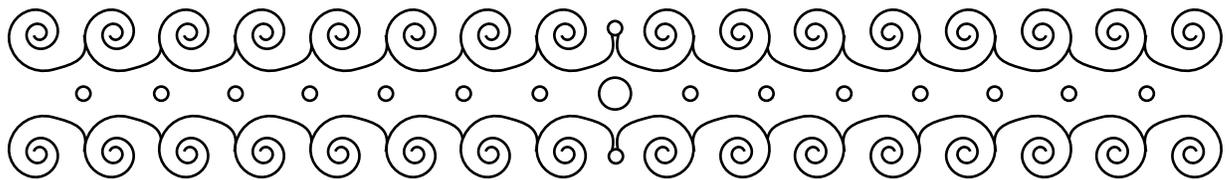


# Patience Chant

To be said when you feel a loss of patience and feel the stirrings of anger.

Air of silence, surround me.  
Quell the flame within me.  
Breathe in the tranquility around me.  
May the calmness fill and ground me.

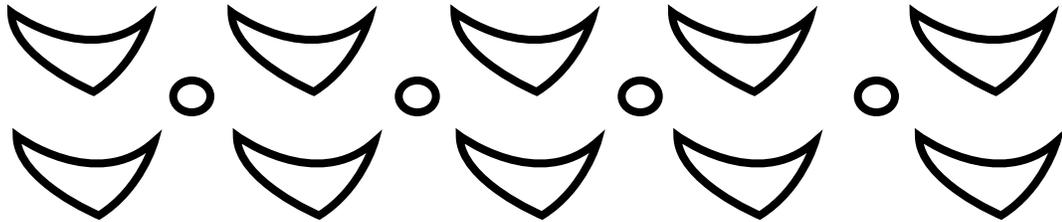
Isis Moonlight  
Beauteous Love  
Enamoured Raven  
Mourning Dove  
Spiral Helix  
Cosmos Sky  
Persephone Underworld  
Mother Butterfly  
Triple Goddess  
Morrigu  
This is the calling  
Of the chosen few.



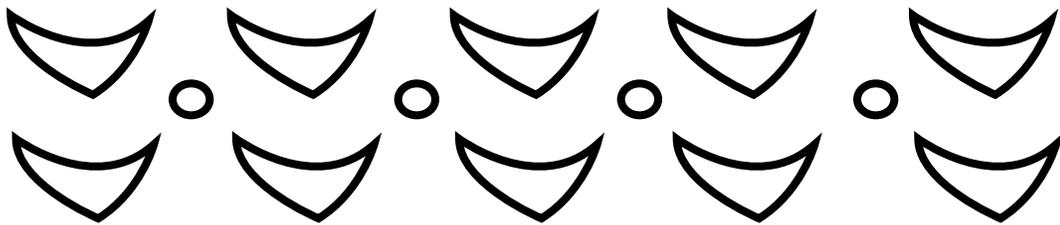
## Writer's Chant

Mnemosyne. Mnemosyne.  
Muse of the ancient time.  
Keeper of the ancient rhyme.  
Memory of that ancient age  
When poetry was kept on tongue, not page.  
Whisper to me those ancient utterings.  
Send pen and ink fluttering.

Acorns fallen  
From up above  
Are kept for youth  
And for true love.

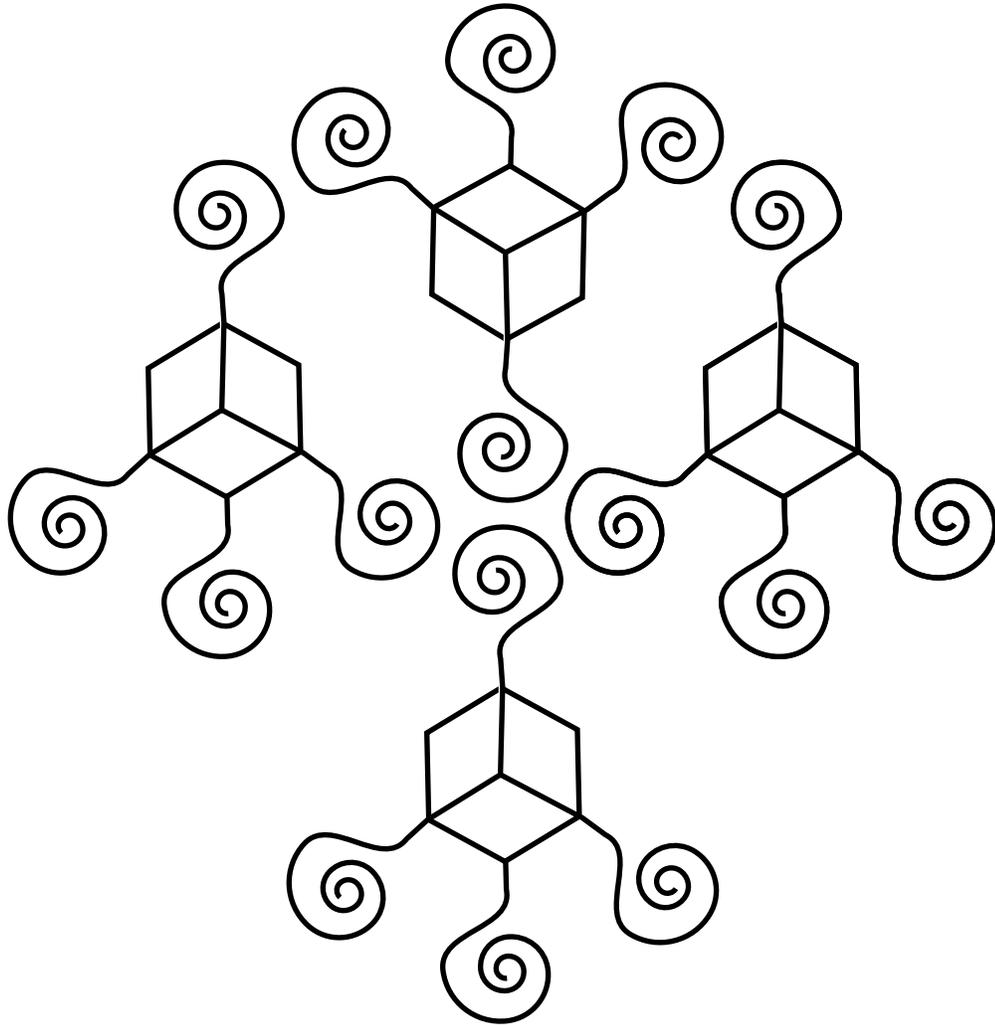


An arrowhead found  
Within a field  
Is kept in a pocket;  
Protection it yields.



String coral beads  
For children to wear.  
It protects against disease  
And keeps the wearer fair.

Buy a pin  
With a bee  
And wear when  
You need energy.

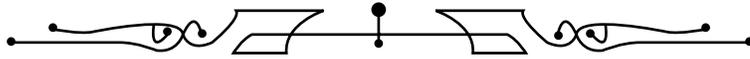


A piece of coal,  
If found  
Upon the ground,  
Brings prosperity.

# Pine Resin

To be spoken when lighting the resin of pine trees in an incense burner.

Resin of pine tree  
Burn in this bowl.  
Remove the dark energy  
That's invaded my home.



# While Picking Holly

Holly sprig, come with me  
Into my home where you shall be  
United with your elven family.

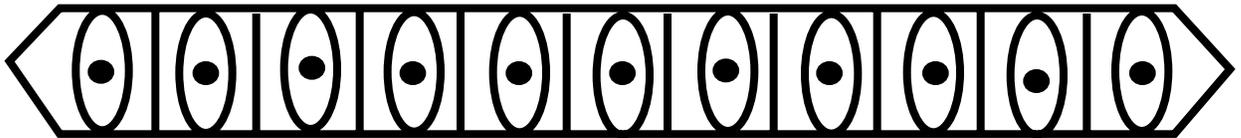
Joyous festivities upon my hearth  
Where we eagerly await the Sun's rebirth.  
To life eternal, to the Sun and to Earth!

# Free Me

Loosely bind a dark feather with a thin white thread to a tree and say the following:

From stress and heartache, free me.  
From all the chaos of the days, free me.  
From stagnant thoughts, free me.  
From idleness and feelings of helplessness, free me.  
Wind, free me!

Walk away. When the wind tugs the feather from the tree, you will be freed.

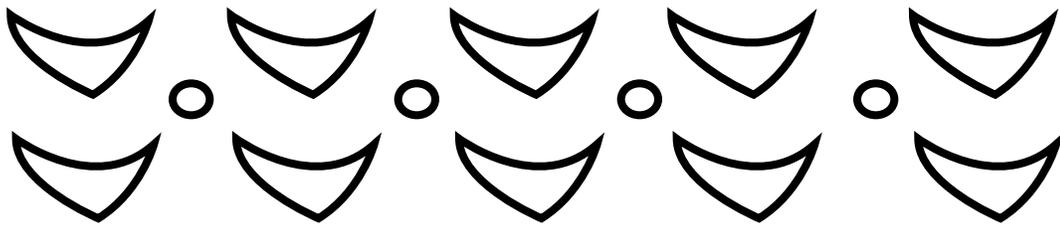


# Candle Enchantment

Candle tall.  
Candle bright.  
Candle burn  
All through the night!

# Pumpkin Enchantment

Pumpkin orange  
With grizzly face  
Protect tonight  
My homely place



# Hazel Nut Charm

The hazel nut is said to contain all the wisdom of the worlds. They were carried around as charms to protect health and to help gain knowledge and bring about good fortune.

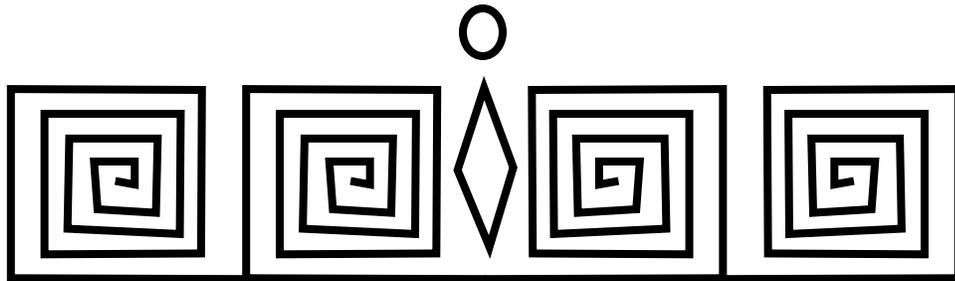
Hazel nut, nut, nut.  
Bring me luck, luck, luck.  
Heal my mind, mind, mind.  
May wisdom find, find, find  
It's way to me, me, me  
And may I be, be, be  
Blessed by three, three, three.

# Ball of Protection

Ball of protection,  
Round and smooth,  
I need your help  
To make my move.

Let's get the ball rolling.  
The future's ahead.  
Heal me with blue  
And make my energy red.

I take my first step now.  
I am freed from the past.  
Keep the ball rolling.  
I am myself at last!



To bring about quiet, say:

Hush like a whisper  
The wind through the trees  
Softer and softer  
A summer's breeze